



## St Ambrose Preparatory School

### Our Safeguarding Promise (for children)

#### What is safeguarding?

Safeguarding means **keeping children safe**, happy, and listened to. Everyone has the right to feel safe.

#### Our promise to you

We promise to:

- Treat you with **kindness and respect**.
- **Listen** to you and take you seriously.
- Help keep you **safe from harm**, bullying, or unfair treatment.
- Make sure adults act **responsibly and appropriately**.

#### What you can expect from adults here

Adults should:

- Be **friendly, fair, and respectful**.
- Never hurt you, scare you, or make you feel uncomfortable.
- Respect your **personal space** and privacy.
- Help you if you are worried or upset.

#### What to do if something worries you

If something doesn't feel right:

1. **Tell an adult you trust.**
2. You can also tell a **parent or carer**.
3. If you feel unsafe right now, ask for help **straight away**.

You will not be in trouble for speaking up.

## **Bullying and unkind behaviour**

We do not allow bullying.

- Bullying can be **words, actions or leaving someone out**.
- If bullying happens, tell an adult so they can help stop it.

## **Your voice matters**

- You have the right to **ask questions**.
- You have the right to **say no** if something makes you uncomfortable.
- You have the right to be **heard and helped**.

## **Remember**

- You are important.
- You deserve to feel safe.
- It's always okay to ask for help.

**We are here to help keep you safe.**